

Advanced Nursing Foot Care Clinical Syllabus

Course Title: Advanced Nursing Foot Care – Clinical Practicum

Instructor: Tannis Sorge, RN, Foot Care Nurse & Educator

Course Description:

This clinical practicum provides hands-on experience in advanced nursing foot care. Students will apply theoretical knowledge to assess, develop, and implement individualized care plans for clients with foot care needs. Emphasis is placed on assessment, treatment, client education, infection control, and documentation.

Clinical Objectives:

During the clinical practicum, students will:

1. Obtain a Comprehensive Client Assessment:

- Conduct a thorough medical history and foot health assessment.
- Perform vascular and neuropathy assessments.

2. Develop and Implement a Plan of Care:

- Formulate an individualized care plan based on assessment findings.
- Provide appropriate nursing foot care interventions.

3. Perform Foot Care Procedures Safely:

- Demonstrate safe nail cutting techniques.
- Conduct mechanical debridement of hypertrophic nails, corns, and calluses.

4. Identify and Address Foot Health Conditions:

- Recognize common skin, nail, and skeletal conditions.
- Provide client education on identified conditions.
- Make appropriate referrals when necessary.

5. Provide Client Education:

- Educate clients on diabetic foot care and preventative measures.
- Promote self-care strategies for maintaining foot health.

6. Demonstrate Infection Control Practices:

- Adhere to infection prevention and control protocols before, during, and after foot care procedures.

7. Document and Provide Follow-Up Care:

- Accurately document assessments, interventions, and client education.
- Develop and communicate follow-up care recommendations as needed.

Evaluation:

Students will be assessed on their ability to safely and effectively perform foot care procedures, communicate with clients, demonstrate infection control measures, and document care appropriately.