

Advanced Nursing Foot Care

Course Description

This course is designed for licensed nurses to gain additional knowledge about foot care, so that they can expand their practice to include this work. This course provides all the online theoretical information required and when combined with a clinical practicum aligns with the National Competencies for Advanced Nursing Foot Care in Canada document published by the Canadian Association of Foot Care Nurse (CAFCN) May 2017. The PEDEd Advanced Nursing Foot Care Course – 2023 has been approved by the Department of Veterans Affairs (DVA)

CAFCN Competencies Document: <https://cafcn.ca/resources/national-competencies-for-advanced-nursing-foot-care-in-canada/>

Resources

All resources are provided within the course.

Course Learning Outcomes

Upon successful completion of this course, students will be able to:

- Identify structures and functions of the foot
- Discuss a variety of abnormal conditions of the foot
- Determine appropriate care for persons with diabetes
- Identify wound care and infection control protocols
- Assess gait pattern, orthotics, footwear
- Identify local resources for clients to receive out of scope care
- Review issues of starting and operating a private foot care business
- Identify psychosocial issues that may affect clients
- Recall basic instruments used in the clinical setting
- Apply the nursing process while working with clients

Topics

1. Introduction to Foot Care Nursing
2. Structure and Function of the Foot
3. Abnormal Conditions
4. Foot Care for People with Diabetes
5. Wound Care
6. Infection Control
7. Biomechanical Assessment and Gait Analysis, Orthotics, Footwear, Physiotherapy, Strength and Balance Training
8. Psychosocial Aspects of Care
9. Private Practice in Nursing Foot Care

10. Instruments and Preparing for Clinical

11. Case Studies

Format

The course is delivered in a cohort based online format. Students review assigned content which may include academic papers, information brochures, videos, glossary or more. They complete exercises and participate in monitored discussion forums. A variety of quizzes and interactive self-knowledge activities provide students with feedback on their mastery of information.

Grading

The course is graded on a pass/fail basis. Students must complete all required activities to be eligible to participate in the clinical practicum. They are required to bring a portfolio of completed assignments to the clinical for discussion. Student completing both the online and clinical practicum are provided a Statement of Completion.

Continuing Education Credit Hours

The suggested time frame to complete the online theoretical information is 6-8 weeks (110 hours). On-site clinical will total 21 hours, for a total of 131hours.